



Coaching

with David Bozuwa

I'm here to walk beside you on a journey towards a brighter, healthier, and more fulfilling life.

My coaching embraces all aspects of well-being, from nurturing mental health to fostering spiritual growth. Together, we can work on overcoming challenges such as addiction, healing from past traumas, and building a strong sense of self-worth.

I'm also here to guide you in honing business strategies and navigating family dynamics and transitions.

My approach is grounded in action and personal growth. I believe in helping you uncover the barriers that might be preventing you from realizing your fullest potential. Together, we'll work to break the cycle of self-doubt and repetitive patterns that might be holding you back.

My expertise comes from my own life journey. I believe in leading by example, focusing on what truly matters, and diving straight into the heart of the issues at hand. I'm committed to helping you achieve your goals and become a better version of yourself, embracing new opportunities and experiencing life in all its richness.

Through my podcast, I bring together a network of support to guide each of my clients onto the right path. I'm here to be your steadfast companion, offering guidance and support through one-on-one meetings, video calls, and goal-setting sessions. I'm passionate about encouraging you to reach new heights, sometimes even joining you for gym workouts, boxing training, breathwork sessions, and other events. I take a personal interest in celebrating your successes.

I invite you to join my 12-week program, a transformative experience designed to reshape your thinking, build resilience, and enhance your self-esteem. It's a space where you can step out of your comfort zone and truly commit to making a positive change in your life. All I ask is for your presence and willingness to embark on this transformative journey.

The 12-week program is priced at \$2500, which can also be paid in weekly installments of \$210. This includes:

- Weekly catch-ups, either in person or via Zoom/Facetime
- Daily journal to track your progress
- Structured week-to-week plan
- Constant access to my support and guidance
- As a token of celebration for completing the 12-week journey, a special "Far Keen Real" t-shirt or hoodie to commemorate your achievement.

Additionally, I offer individual coaching sessions lasting approximately 1.5 hours for \$250, providing a space for personal reflection and growth.

I look forward to being a part of your journey to a happier, healthier you.



David Bozuwa

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